



**CRESCO CHIROPRACTIC CLINIC P.C.**

**John P. Gehling, D.C. Joshua T. Lichty D.C. Sarah A. Gehling C.A.**

407 7<sup>th</sup> St. S.W., Cresco, IA 52136 Website: www.crescochiropracticclinic.com

Phone: (563) 547-3553 Fax: (563) 547-3552

**Confidential Patient Information**

Full Name \_\_\_\_\_ Social Security # \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender: M or F Marital Status: M S W D #Children \_\_\_\_\_

Address \_\_\_\_\_  
Address City State Zip Code

Home Phone # \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Your Occupation Company Name City Work Phone

Spouse or Guardian's Name Occupation Company Name City

Emergency Contact \_\_\_\_\_  
Name Relationship Phone Number

How did you hear about us? Cresco Shopper Times Plain Dealer TPD Online Word of Mouth

Yellow Book Iowa Telecom Phonebook Other please list: \_\_\_\_\_

Have you ever been to a chiropractor before?  Y or  N If yes, please list: \_\_\_\_\_

Who is your current medical doctor(s)? \_\_\_\_\_

Please list all surgeries and hospital or ER visits that you have had and the dates: \_\_\_\_\_

Do you have health insurance?  Yes  No Company \_\_\_\_\_  
**(If yes, please present your card(s) to the receptionist for processing)**

Is this insurance in your name?  Yes  No if no, list: \_\_\_\_\_  
( name of insured)

Insured's date of Birth \_\_\_\_\_ Relationship to you: Spouse Parent Other \_\_\_\_\_

What is your main reason for coming to our office today? \_\_\_\_\_

When did it start? \_\_\_\_\_ What caused it? \_\_\_\_\_

What makes it better? \_\_\_\_\_ What makes it worse? \_\_\_\_\_

What percentage of each day does it currently bother you? (Circle one) 0% 25% 50% 75% 100%

Please rate your pain on a scale of 1-10: **0 is no pain at all, 10 is the severe pain** or the worst pain you have ever felt. If your pain varies from day to day please circle two numbers to indicate the range of your pain.

**0 1 2 3 4 5 6 7 8 9 10**

What are you unable to do because of this problem? \_\_\_\_\_

How did this problem/pain start? \_\_\_\_\_ [ ] Gradual [ ] Sudden [ ] Progressive

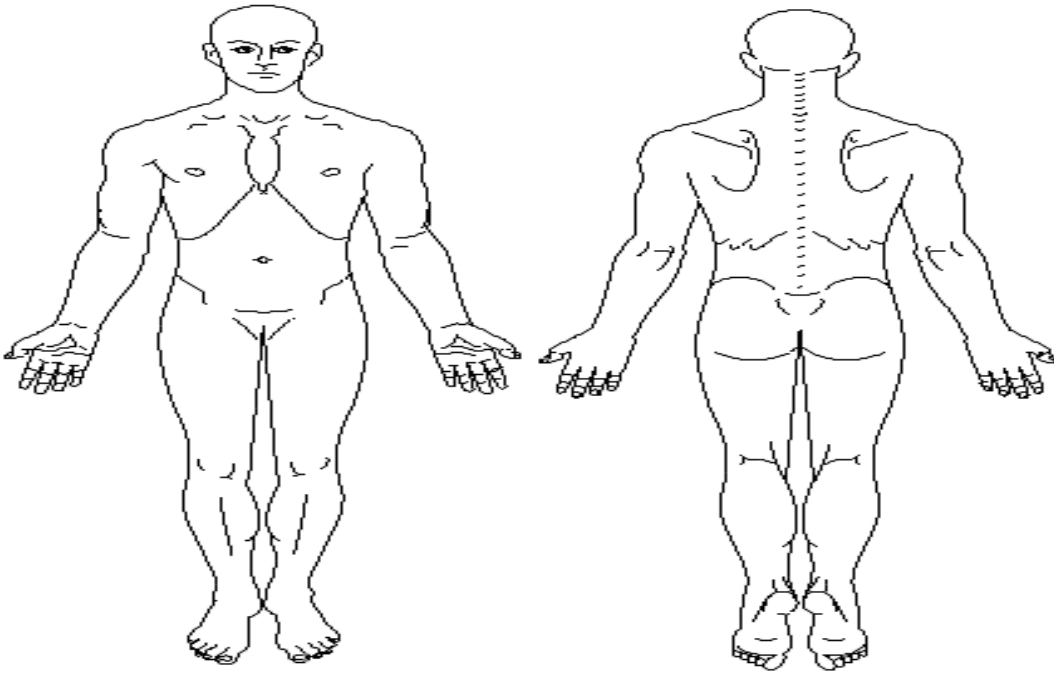
Have you ever experience this problem before?  Y or N If so, when? \_\_\_\_\_

List any other problems you have and rate your pain for each.

a _____	0 1 2 3 4 5 6 7 8 9 10	25% 50% 75% 100%
b _____	0 1 2 3 4 5 6 7 8 9 10	25% 50% 75% 100%
c _____	0 1 2 3 4 5 6 7 8 9 10	25% 50% 75% 100%
d _____	0 1 2 3 4 5 6 7 8 9 10	25% 50% 75% 100%

**Please Indicate All Areas Where You Experience Pain**

**X = Sharp Pain    # = Dull Ache    ^ = Numbness**  
**\*\*\* = Pins and Needles    + = Burning Pain**



**Personal Health History** – The following lists a variety of conditions that patients may experience. Please read through the list and mark a “C” for current conditions, “H” for history, “F” for family history or “?” if unsure.

- \_\_\_ heart attack
- \_\_\_ artificial valves
- \_\_\_ pacemaker/ implant
- \_\_\_ heart murmur
- \_\_\_ heart disease
- \_\_\_ chest pain
- \_\_\_ varicose veins
- \_\_\_ other
- \_\_\_ high/low blood pressure
- \_\_\_ dizziness/general fatigue
- \_\_\_ stroke
- \_\_\_ asthma/emphysema
- \_\_\_ shortness of breath
- \_\_\_ loss of balance
- \_\_\_ blurred or double vision
- \_\_\_ detached retina
- \_\_\_ diabetes
- \_\_\_ diarrhea/ constipation
- \_\_\_ gall bladder trouble
- \_\_\_ liver trouble
- \_\_\_ digestive problems
- \_\_\_ belching/bloating
- \_\_\_ heartburn/acid reflux
- \_\_\_ ulcers
- \_\_\_ appendectomy
- \_\_\_ colon trouble
- \_\_\_ nausea/ vomiting
- \_\_\_ bloody stools
- \_\_\_ anemia
- \_\_\_ gout
- \_\_\_ knee/hip replacement
- \_\_\_ osteoporosis
- \_\_\_ rheumatoid arthritis
- \_\_\_ osteoarthritis
- \_\_\_ neuritis (nerve pain)
- \_\_\_ soreness of joints
- \_\_\_ sprained ankle R or L
- \_\_\_ swollen or painful joints
- \_\_\_ jaw pain or TMJ
- \_\_\_ shoulder pain
- \_\_\_ mid-back pain
- \_\_\_ hip pain
- \_\_\_ foot trouble
- \_\_\_ neck pain
- \_\_\_ knee pain
- \_\_\_ lower back pain

- \_\_\_ broken bones
- \_\_\_ artificial joints/implants
- \_\_\_ orthopedic surgery
- List: \_\_\_\_\_
- \_\_\_ compression fracture
- \_\_\_ ears ringing
- \_\_\_ loss of memory
- \_\_\_ muscle cramping
- \_\_\_ muscle spasm
- List: \_\_\_\_\_
- \_\_\_ fainting spells
- \_\_\_ headaches
- \_\_\_ loss of hearing
- \_\_\_ epilepsy/ seizures
- \_\_\_ light sensitivity
- \_\_\_ pain with cough/sneeze
- \_\_\_ spinal disorder
- List: \_\_\_\_\_
- \_\_\_ glaucoma
- \_\_\_ AIDS/HIV
- \_\_\_ cancer
- \_\_\_ tuberculosis
- \_\_\_ venereal disease
- List: \_\_\_\_\_
- \_\_\_ hepatitis
- \_\_\_ frequent colds/flu
- \_\_\_ multiple sclerosis
- \_\_\_ malaria
- \_\_\_ shingles/ chicken pox
- \_\_\_ measles
- \_\_\_ mumps
- \_\_\_ pneumonia
- \_\_\_ polio
- \_\_\_ lupus
- \_\_\_ fibromyalgia
- \_\_\_ whooping Cough
- \_\_\_ difficulty with urination
- \_\_\_ prostate trouble
- \_\_\_ kidney stones
- \_\_\_ impotence
- \_\_\_ frequent urination
- \_\_\_ psychiatric problems
- \_\_\_ alcohol/drug problems
- \_\_\_ nervousness
- \_\_\_ tension

- \_\_\_ eating disorder
- \_\_\_ trouble concentrating
- \_\_\_ learning disability
- \_\_\_ mood changes
- \_\_\_ menstrual cramping
- \_\_\_ menopausal problems
- \_\_\_ breast lumps/soreness
- \_\_\_ miscarriage
- \_\_\_ sinus problems
- \_\_\_ cold sores
- \_\_\_ skin problems
- List: \_\_\_\_\_
- \_\_\_ excessive sweating
- \_\_\_ tremors
- \_\_\_ ear infections
- \_\_\_ under stress
- \_\_\_ numbness and tingling
- \_\_\_ trouble sleeping
- \_\_\_ thyroid disorder
- \_\_\_ hormone disorder
- \_\_\_ immune disorder
- List: \_\_\_\_\_
- \_\_\_ allergies
- List: \_\_\_\_\_
- \_\_\_ other accidents/falls
- List: \_\_\_\_\_
- \_\_\_ auto accidents
- List: \_\_\_\_\_

**General Activities**

- \_\_\_ sleep on waterbed
- \_\_\_ sleep on stomach
- \_\_\_ sewing
- \_\_\_ exercise (\_\_\_\_x/wk)
- \_\_\_ swim
- \_\_\_ read in bed
- \_\_\_ needlepoint/knitting
- \_\_\_ lift weights
- \_\_\_ jog/run (\_\_\_\_ hrs/wk)
- \_\_\_ use cardio-equipment (\_\_\_\_ hrs/wk)
- \_\_\_ sleep in recliner/couch
- \_\_\_ use two or more pillows
- \_\_\_ computer/TV/video game use (\_\_\_\_ hrs per day)

Who else have you seen for this condition: \_\_\_\_\_

Are you taking any of the following medications?  Pain Killers  Muscle Relaxants  Blood pressure  
Insulin Cholesterol Blood Thinners Other \_\_\_\_\_

Do you take supplements or vitamins?  Y or N if yes, what kind? \_\_\_\_\_

Do you exercise?  Y or N if yes, how many hours per week? \_\_\_\_\_

Do you use tobacco?  Y or N if yes, how much and for how long? \_\_\_\_\_

Do you use alcohol?  Y or N if yes, how many drinks per week? \_\_\_\_\_

Are you wearing?  heel lifts  arch supports

For women: Are you taking birth control?  Y or N

Are you, or could you be pregnant?  Y or N

**How would you like us to handle your problem?**

- Patch (help the symptoms only)
- Fix (correct the cause of the problem for better health in the future)

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature of parent if the patient is a minor)

**We invite you to discuss with us any questions regarding our services! The best services are based on a friendly, mutual understanding between provider and patient.**